NOTIFICATION AS REQUIRED BY 21CFR 101.93 OF STATEMENTS MADE ON LABELS OF DIETARY SUPPLEMENTS

Firm Name and Address: Weeks and Leo Co., Inc. 4000 N.W. 100th Street
P.O. Box 3570

Product: CAYENNE Dietary Ingredient(s): Cayenne Herb Statements: "ANTIOXIDANT and CIRCULATION" and "As a dietary supplement. Cayenne Herb contains antioxidants and may help support circulation."

Product: CRANBERRY JUICE CONCENTRATE Dietary Ingredient(s): Cranberry Juice Concentrate Statements: "HEALTHY URINARY TRACT SUPPORT" and "AS a dietary supplement. Cranberry Juice Concentrate may provide nutritional support to maintain a healthy urinary tract.
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Product: VALERIAN ROOT Dietary Ingredient(s): Valerian Root Statements: "SLEEP and RELAXATION" and "As a dietary supplement. Valerian Root may be helpful in promoting restful sleep and relaxation."

Product: GARLIC Dietary Ingredient(s): Deodorized Garlic Statements: "DIGESTION and CIRCULATION" and "As a dietary supplement. Deodorized Garlic may be helpful in improving digestion and maintaining a healthy circulatory system."

Product: ECHINACEA ROOT •GOLDENSEAL ROOT Dietary Ingredient(s): Echinacea Root and Goldenseal Root Statements: '[IMMUNE SYSTEM and WELL-BEING" and "As a dietary supplement. The Echinacea-Goldenseal herbal combination may enhance the body's immune system and promote well-being."

I certify that the information contained in this notice for the product(s) above is complete and accurate. Weeks and Leo Co., Inc. believes the statement(s) to be truthful and not misleading.
Signed Mary P. Baker Vice-President Date 4/1/98
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NOTIFICATION AS REQUIRED BY 21CFR 101.93 OF STATEMENTS MADE ON LABELS OF DIETARY SUPPLEMENTS

Firm Name and Address: Weeks and Leo Co., Inc. 4000 N.W. 100th Street P.O. Box 3570 Des Moines 1A 50322	DECIENTED
Des Moines, 1A 50322	******
Product: ST. JOHN'S WORT Dietary Ingredient(s): St. John's Wort Herb Extract Statements: "MOOD ENHANCER" and "AS a dietary supplement. St. John's W Extract may be helpful in maintaining a normal, healthy mood and support feeli well-being.	
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Product: SAW PALMETTO HERB Dietary Ingredient(s): Saw Palmetto Herb Statements: "PROSTATE SUPPORT" and "As a dietary supplement. Saw Palmetto Herb acids that may assist in maintaining prostate health."	netto Herb
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Product: ECHINACEA HERB Dietary Ingredient(s): Echinacea Herb Statements: "IMMUNE SYSTEM ENHANCER" and "As a dietary supplement. Herb may help enhance the body's immune system."	Echinacea
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Product: KOREAN WHITE GINSENG ROOT Dietary Ingredient(s): Korean White Ginseng Root Statements: "STRESS and CONCENTRATION" and "As a dietary supplement Ginseng Root may help the body respond to stress, enhance physical stamina mental concentration."	
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Product: DONG QUAI ROOT Dietary Ingredient(s): Dong Quai Root Statements: "MENSTRUATION SUPPORT" and "As a dietary supplement. Do may be helpful in supporting health and well-being during the female cycle."	ng Quai Root
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I certify that the information contained in this notice for the product(s) above is accurate. Weeks and Leo Co., Inc. believes the statement(s) to be truthful and	
Signed MoBabas Date 4/98	
Signed MoBaker Vice-President Date 4, 1 98 Mary P. Baker Vice-President	

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NOTIFICATION AS REQUIRED BY 21CFR 101.93 OF STATEMENTS MADE ON LABELS OF DIETARY SUPPLEMENTS

Firm Name and Address: Weeks and Leo Co., Inc. 4000 N.W. 10Oth Street P.O. Box 3570 Des Moines, 1A 50322
Product: GINKGO BILOBA LEAF EXTRACT Dietary Ingredient(s): Ginkgo Biloba Leaf Extract Statements: "CIRCULATION and CONCENTRATION" and "As a dietary supplement. Ginkgo Biloba Leaf Extract may be helpful in improving circulation to the arms, legs and brain, as well as promoting mental function and concentration."
Product: HAWTHORNE BERRIES Dietary Ingredient(s): Hawthorne Berries Statements: "HEART and CIRCULATORY SYSTEM" and "As a dietary supplement. Hawthorne Berries may help support normal heart and circulatory system functions."
Product: MILK THISTLE Dietary ingredient(s): Milk Thistle Statements: "LIVER NUTRITIONAL SUPPORT" and "AS a dietary supplement. Milk Thistle (Silybum Marianum) may be helpful in supporting the health and well-being of the liver."

Product: SIBERIAN GINSENG ROOT Dietary Ingredient(s): Siberian Ginseng Root Statements: "VITALITY and ALERTNESS" and "As a dietary supplement. Siberian Ginseng Root may be helpful in enhancing physical vitality and endurance and also improving mental alertness.

Product: GRAPE SEED EXTRACT Dietary Ingredient(s): Grape Seed Extract Statements: "ANTIOXIDANT and CIRCULATORY SUPPORT" and "As a dietary supplement. Grape Seed Extract contains procyanidolic oligomers which are potent antioxidants and also provide nutritional support for circulatory health."
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I certify that the information contained in this notice for the product(s) above is complete and accurate. Weeks and Leo Co., Inc. believes the statement(s) to be truthful and not misleading
Signed my Baker Vice-President Date 4/1/98 Mary P. Baker Vice-President
Mary P. Baker Vice-President